

# PSYCHOSOCIAL AWARENESS



## WHAT IS A PSYCHOSOCIAL RISK?

A psychosocial hazard at work refers to any occupational issue that could cause psychological harm. Examples of this can include:

- Workplace conflict
- Issues with job demands or support
- Bullying and harassment
- Violence and aggression, or traumatic events.

## HOW CAN I HELP?

Report the risk in your workplace.

For more information regarding work, health and safety in NSW

Visit: [trinityinsurance.au](https://www.trinityinsurance.au)