

# SAFETY IS EVERYONE'S RESPONSIBILITY

TAKE 5 TO PROTECT YOURSELF AND YOUR TEAMMATES

**BEFORE YOU BEGIN A TASK,  
DURING A TASK AND  
AFTER A TASK**



## 1. STOP

Engage your mind before your hands.

## 2. THINK

Consider the task.

## 3. LOOK

Look for existing and potential hazards, and assess their risk levels.

## 4. CHOOSE

Choose the most effective way to remove or reduce risks.

## 5. ACT

Make the changes to do the job safely and keep a look out for changes.

## WHY TAKE 5?

This quick and informal risk assessment helps you to:

- identify hazards step by step
- prevent incidents and injuries
- take control and stay involved in your own safety.

For more information regarding work, health and safety in NSW visit [trinityinsurance.au](http://trinityinsurance.au)